



Fertigkeit	Hören
Relevante(r) Deskriptor(en)	<b>Deskriptor 5:</b> Kann einfachen Interviews, Berichten, Hörspielen und Sketches zu vertrauten Themen folgen. (B1)
Themenbereich(e)	Körper und Gesundheit Schule und Arbeitswelt
Zeitbedarf	12 Minuten (Vorbereitung, zweimaliges Vorspielen, Bearbeitung)
Länge des Hörtexts	2:04 Minuten
Material- und Medienbedarf	Abspielmöglichkeit für Hörtext Schreibmaterial
Besondere Bemerkungen, Hinweise zur Durchführung	---
Quelle	<i>Tape script:</i> Diwold, Ingrid, Sabine Martinjak, Nicola Peherstorfer, Marjorie Rosenberg, Eromanga Schmied, und Jim Wingate. <i>Friends 3. Teacher's Book</i> . Linz: Veritas-Verlag, 2004. S. 78.  Audiotext: CD 2 (zum Lehrbuch), Track 15.

**TAPE SCRIPT**

Reporter: Good afternoon, sir!

Mr Healthy: Hello.

Reporter: You are our “Mr Healthy of the Year!” You have changed your life completely. Why did you decide to do that?

Mr Healthy: Two years ago I worked long hours for an international company, I started to have health problems, especially with my heart. I drank alcohol very often and I smoked 50 cigarettes a day! When I had to run to the bus or walk up some stairs I was always out of breath. Many everyday activities became a problem for me.

Reporter: So what did you do?

Mr Healthy: Well, one day I realised: this is not the life I want to live! Two years ago I got a new job and I changed my life completely: Since that day I have been working as a computer specialist for a new company. I try not to work more than 40 hours a week – too much work is not healthy and of course I need enough time to do the sports I have started to do. At first I tried to walk a lot, and during the past year I’ve been running three times a week. I love running and it really is a great start for my day.

Reporter: Has sport really changed your life?

Mr Healthy: Since I stopped smoking and drinking too much alcohol, I have been a new man: I have been riding my bike every day since last March and I have been travelling a lot. The most interesting place I have been to is Darwin, a tropical town in the north of Australia. I really had a great time there! Now that I am doing a different job and more sports I feel much healthier; I can even say I am a happier person now! I am very proud that I’ve changed my life!

Reporter: Well, that sounds really great! Thanks for the interview!

Mr Healthy: You are welcome!



## MR HEALTHY OF THE YEAR

Read the following statements before you listen to the interview. You will hear the interview twice.



**Tick (✓) the correct answer.**

**After listening, you have 3 minutes to finish your work.**

	true	false	not in the text
(1) Mr Healthy worked for a small national company.			
(2) He worked too much and had problems with his heart.			
(3) He didn't drink alcohol but smoked 50 cigarettes a day.			
(4) On a summer day he was taken to hospital.			
(5) He realised that he had to change his life.			
(6) He tried to work more than 40 hours a week.			
(7) He got a new job in his old company.			
(8) The new company paid for his sports activities.			
(9) He began walking a lot and then he started running.			
(10) Mr Healthy did a lot of sports in Darwin.			
(11) His wife went with him because she liked bike riding too.			
(12) Doing sports has helped Mr Healthy to change his life.			



	true	false	not in the text
(1) Mr Healthy worked for a small national company.		✓	
(2) He worked too much and had problems with his heart.	✓		
(3) He didn't drink alcohol but smoked 50 cigarettes a day.		✓	
(4) On a summer day he was taken to hospital.			✓
(5) He realised that he had to change his life.	✓		
(6) He tried to work more than 40 hours a week.		✓	
(7) He got a new job in his old company.		✓	
(8) The new company paid for his sports activities.			✓
(9) He began walking a lot and then he started running.	✓		
(10) Mr Healthy did a lot of sports in Darwin.			✓
(11) His wife went with him because she liked bike riding too.			✓
(12) Doing sports has helped Mr Healthy to change his life.	✓		